

CCGA (NL) Inc. 2015 Newsletter



Picture taken at the
Clarenville Marina, Clarenville

Waterlines

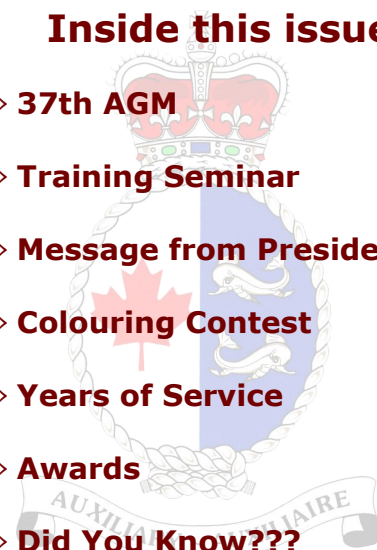
In September, 2015 the 37th annual general meeting took place in Clarenville, at the Clarenville Inn. This was coupled with a training seminar whereby members gathered together in Clarenville for a weekend of Search and Rescue training. Registration for the training seminar was held Friday evening at the Clarenville Inn.

On the morning of September 26th, at the Clarenville Inn, members participated in a refresher on first aid techniques as well as Search and Rescue operations. The afternoon sessions were held at the Clarenville Marina. Events that took place included line throwing, dewatering pump operations, and marine evacuation.

The weather was typical for this time of year, sunny with the odd shower of hail. But, typically, the weather did not hinder our activities. Our volunteers had a great training day.

Inside this issue

- ⇒ 37th AGM
- ⇒ Training Seminar
- ⇒ Message from President
- ⇒ Colouring Contest
- ⇒ Years of Service
- ⇒ Awards
- ⇒ Did You Know???



37th ANNUAL GENERAL MEETING

The 37th Annual General Meeting of the Canadian Coast Guard Auxiliary (NL) Inc. was held on September 25th, 2015 at the Clarenville Inn in Clarenville, NL.

The Canadian Coast Guard Auxiliary was represented by:

Winston Pitcher—President, Director District 5
 Aidan Penton—1st Vice-President, Director District 9
 Ross Petten—2nd Vice-President, Director District 8
 Harry Strong—Secretary/Treasurer
 Marcel O'Brien—Director District 1
 Ron Pittman—Director District 2
 Howard Noel—Director District 3
 Wesley Snook—Director District 4
 Edward Bruce—Director District 6
 James Chidley—Director District 7
 Eugene Gray—Director District 10



Debbie Noseworthy—CCGA Regional Business Manager
 Kelly Doody—CCGA Regional Operations/Training Officer

The Canadian Coast Guard was represented by:

E. Wade Spurrell
 Assistant Commissioner
 CCG (Atlantic) Region

Mary Pye
 Administrative Officer
 CCG (Atlantic) Region

Harvey Vardy
 A/Superintendent
 Maritime SAR
 CCG (Atlantic) Region

Kevin Crewe
 Marine Coordinator
 JRCC Halifax



Pictured above (L-R) E. Wade Spurrell, Lloyd Freake, and Aidan Penton. Mr. Freake received his 35 year membership award.



Pictured above (L-R) E. Wade Spurrell, Andrew Daley, Gary Daley, Edward Bruce, Aidan Penton. Both brothers received their 30 year membership award.

CCGA (NL) 2015-2016 EXECUTIVE OFFICERS

Aidan Penton—President
 Marcel O'Brien—1st Vice President
 Ross Petten —2nd Vice President
 James Chidley—Secretary/Treasurer

*Helping out, lending a hand..
 Someone who will understand..
 A person who will always be there..
 Without a doubt someone who cares..
 A volunteer*

SUPERSTITIONS: *Throw back the first fish you catch and then you will be lucky the whole day fishing. If you count the number of fish you caught, you will catch no more that day.....*



GREETINGS FROM THE PRESIDENT



In September of 2015, our 37th annual general meeting took place at the Clarenville Inn in Clarenville. During this meeting our long serving President, Mr. Winston Pitcher from Burin Bay Arm, decided he would step down from the position of President CCGA (NL) Inc.—a position he held for 25 consecutive years. I then received the honor of being elected President CCGA (NL) Inc. for the forth coming year and it is a pleasure to be bringing you all greetings.

Winston has become our Immediate Past-President, therefore, continues to sit on the Executive Committee. Additionally, he is still the Director of his District (Burin Peninsula). Winston has aided in the growth and prosperity of the Coast Guard Auxiliary throughout his tenure as President. And, for that we can't thank him enough.

INSURANCE CLAIMS

It is the responsibility of the CCGA owner/operator to report to your regional Coast Guard Auxiliary Representative any damage or suspected damage incurred to your vessel immediately following the conclusion of a Search and Rescue incident. In addition, if damage occurs during a SAR case, every effort should be made to notify the Joint Rescue Coordination Centre (JRCC) at 1-800-563-2444 of the damage, especially if the safety of the CCGA vessel and its crew is jeopardized. JRCC must be notified so they can monitor the progress of the CCGA vessel to ensure it reaches port safely.

The owner/operator must complete a "Collision, Wreck and Injury" form and submit it to the CCGA Office in St. John's.

Folk Remedies

Baldness—Massage molasses into your scalp

Bleeding—Dip finger into a bowl of molasses

Breathing—Mix a molasses and mustard poultice and apply to the chest.

Coughs—Mix honey with cooked onions for a syrup

Colds—You will be free of colds all winter if you catch a falling leaf in your hand in autumn.

Our organization continues to grow each year. We currently have a membership of 736 members and 333 vessels available for Search and Rescue.

At our annual general meeting banquet in September of 2015, we honoured our 10, 25, 30, and 35 year members.

Although each year we celebrate our successes, we also find ourselves having to bid farewell to some of our members who have passed away. Our heartfelt sympathies to all families who have lost loved ones in 2015.

Allow me to take this opportunity to offer sincere thanks to all our volunteers and to wish you continued smooth sails and following seas.

*Aidan Penton
President
CCGA (NL) Inc.*

*The achievements of an organization
Are the result of the
Combined effort of each Individual*

-Vince Lombardi-



CSI's

The CCGA (NL) Office in St. John's must have an up-to-date copy of your vessel's Canadian Steamship Inspection (CSI) certificate. All vessels that become delinquent in their CSI's are flagged in the Search and Rescue System and are considered unavailable for tasking.

If your vessel has been flagged and it participates in an incident, you will not be eligible for compensation, and more importantly, your vessel will not be covered by insurance should it incur damages.

You will be notified that your vessel is unavailable for Search and Rescue. Upon receipt of this notification, please forward a copy of your current CSI or notify the office in St. John's of any delays so that your vessel is not removed from the SAR system permanently.



Training Seminar 2015

A training seminar was held in Clarenville in September, 2015. Members travelled to Clarenville to partake of a full day of training. Training sessions consisted of search and rescue planning, first aid practical, marine evacuation, line throwing accuracy, and diesel pump operations.

The morning portion of the training seminar was held at the Clarenville Inn, where members took part in the first aid and the search and rescue operations portion. After lunch members went to the Clarenville Marina to take part in the afternoon events.

Mid afternoon saw the arrival of the Cormorant from 103 Rescue Squadron from Gander, along with the Coast Guard ship Harp. A demonstration took place between the Cormorant and the CCGS Harp.

At the end of the day attendees noted that the training seminar was a huge success!!



Greetings from the Superintendent Maritime Search and Rescue Programs

I am honoured to bring greetings on behalf of the Search and Rescue Program of the Canadian Coast Guard to the men and women of the Canadian Coast Guard Auxiliary of Newfoundland and Labrador.

I have had the pleasure of working directly with the CCGA-NL for several years and the dedication and spirit of the auxiliary is truly impressive. As a key partner in the federal search and rescue program, in 2015 the CCGA-NL has responded to 32% of all maritime search and rescue incidents in Newfoundland and Labrador. In addition, 2015 has seen many auxiliary members spending numerous hours training and participating in multi-agency exercises throughout the province. There is indeed a benefit to the auxiliary in carrying out this training and exercising. Equally important, it provides an opportunity for all partners to hone our SAR skills in preparation for real-time emergencies.



The Canadian Coast Guard continues to modernize our resources both at sea and on shore which will enable us to more efficiently and effectively meet the needs of our clients. The number one priority of the Canadian Coast Guard remains the safety of mariners, and partners such as the CCGA-NL help us meet our mission.

As we move into the summer season, please be advised that JRCC Halifax can be reached directly at 1-800-563-2444 or via phone patch with your nearest MCTS Centre at the completion of your SAR tasking.

In closing, the service of the members of the Canadian Coast Guard Auxiliary in Newfoundland and Labrador is certainly not something we take for granted. I would like to thank each and every auxiliary member and their families for your many volunteer hours to ensure the safety of mariners in our waterways.


Kind regards,


Harvey Vardy
A/Supt Maritime Search and Rescue
Canadian Coast Guard Atlantic Region

REMINDER!!

You are not on Authorized Activity unless you have been tasked by the Joint Rescue Coordination Centre (JRCC) in Halifax. Upon completion of the search and rescue tasking JRCC will issue you your incident number. If you do not receive the proper authorization, you are not entitled to any reimbursement, and more importantly, you are liable for any damage done to your vessel.


Remember to notify the Joint Rescue Coordination Center at **1-800-563-2444** before you proceed to a vessel requiring assistance, and upon returning to port. It is for your own protection.

 Fisheries and Oceans Canada / Pêches et Océans Canada
Canadian Coast Guard / Garde côtière canadienne



Air/Sea Search and Rescue Détresse Aérienne et Maritime

The Joint Rescue Coordination Centre (JRCC) Halifax
Le Centre conjoint de coordination de sauvetage (Cccs) Halifax
Maritimes: 1-800-565-1582
Newfoundland and Labrador: 1-800-563-2444
(Terre-Neuve et Labrador)
International: 902-427-8200



Superstitions

- ◆ Dropping a fork means a man is coming to visit....A frog brings good luck to the house it enters...
- ◆ If you use the same pencil to take a test that you used for studying for the test, the pencil will remember the answers....If 3 people are photographed together, the one in the middle will die first.
- ◆ If you leave a rocking chair rocking when empty—it invites evil spirits to come into the house to sit in the rocking chair...Salty soup is a sign that the cook is in love.



SERVICE AWARDS—2015

Each year CCGA (NL) Inc. honours its members for years of service. The 10, 25, 30 and 35 year members were invited to the annual banquet where their awards were presented. The dedication and continued support shown by you to Search and Rescue is greatly appreciated. Congratulations to all.

10 Year Members

District 2
Todd Randell
Kenneth Rose

District 3
Morris A. Payne

District 8
Eldon Petten
Bruce Button
Clyde Hyde

District 9
Larry Easton
Tony Easton
Allan Moulard

District 10
Michael Bridger

30 Year Members

District 2
Melvin Penney

District 3
Morris Payne

District 6
Andrew Daley
Gary Daley

District 10
Clyde Croucher
Colin Weir
Kirby Brown

35 Year Members

District 9
Lloyd Freake



25 Year Members

CCGA (Newfoundland and Labrador) would like to commend the following Auxiliarists on being awarded 25 year service medals in 2015:-

District 1
Doyle Penney
Alma O'Brien

District 2
Roy Ward

District 3
Roger Shears

District 4
Perry Warren

District 5
George Keeping

District 7
William Hayden
Glen Winslow
Barry Tippett
Rex Simmonds
Faron Coffin
Frank Hutchings

District 8
Edward Morgan
Wayne Russell
Frederick Barrett
Clarence Andrews
Chesley Petten
Randell Webster
Ross Petten
Henry Thorne
Alvin Thorne

District 9
Donald Moulard
Rodney Rowe
Rex Coffin
Alfred Coffin
Hayward Coffin
Stanley Coffin

District 10
Cecil Young
Gene Saunders
Garry Noble



Pictured above (L-R) E. Wade Spurrell, Ron Pittman, Roy Ward, Aidan Penton. Mr. Ward received his 25 year membership award.



DID YOU KNOW?

An auxiliary vessel MUST be under the command of a member of the Canadian Coast Guard Auxiliary (i.e., owner or alternate skipper) before accepting a tasking from the Joint Rescue Coordination Centre. It is imperative that the JRCC be informed if no qualified Auxiliarist is onboard the vessel at the time of a request for tasking.

Upon acceptance of a vessel into the CCGA, the owner/operator designates an alternate skipper. This skipper is deemed to have the proper qualifications to operate the vessel, in accordance with the rules and regulations set by Transport Canada. If a qualified Canadian Coast Guard Auxiliary skipper is not onboard a vessel at the time of an incident, the tasking must be refused.

If a vessel accepts a tasking without a qualified Auxiliary member onboard, the vessel would not be reimbursed for the incident. More importantly, there would be no insurance coverage if damages were to occur during the prosecution of the incident.



Please remember, before accepting a tasking from the Joint Rescue Coordination Centre on behalf of the Canadian Coast Guard Auxiliary, advise the JRCC if there is no qualified Auxiliarist onboard.

Grassroots Healing

Polly Peach—A weed that grows on a cliff that when it is steeped out, it is drank as a remedy for asthma.

Fig—For ear ache the most common remedy used was to warm a fig (or raisin) and put it in the ear.

Safferin—A mixture that can cure yellow jaundice, made from spring water, sheep's safferin (dung), Epsom salts and syrup.

Continued Proficiency Endorsement

Every applicant for a continued proficiency must:

- (a) Hold a valid medical certificate
- (b) Fulfill the service requirements of either 12 months, within a 5 year period, service onboard a ship as master or mate in charge of the watch.
- (c) Completed a marine emergency duties course A1

For members holding Fishing Masters or Mates certificates, this means five years from the date of issue on your certificate. Example, date of issue—2003, by 2008 you must show a valid medical (seafarers medical) and qualifying sea time. The sheets for writing up your sea time can be obtained at your nearest Transport Canada Marine Safety office.

Clareville—466-4515

Goose Bay—896-6190

Marystown—279-2201

Corner Brook—637-4870

Lewisporte—535-2503

St. John's—772-6197

Information taken from TP2293E, Chapter 29

Let Us Know If You:

- ◆ Sell your vessel
- ◆ Change your address or telephone number
- ◆ Remove your vessel from the water
- ◆ Increase the value of your vessel
- ◆ Operate in an area away from your home port
- ◆ Change Alternate Skippers
- ◆ Update your CSI
- ◆ Recertify your first aid

Unusual Trivia

- ⇒ If you drop scissors, it means your lover is being unfaithful to you.
- ⇒ If you sing before seven you will cry before eleven.
- ⇒ A spider is a repellent against plaque when worn around the neck in a walnut shell.
- ⇒ A watermelon will grow in your stomach if you swallow a watermelon seed.
- ⇒ If you dream that a dragonfly lands on your body, then you will have excellent news from someone far away from home.



Canadian Coast Guard Auxiliary

15, and 20 Year Members

The Canadian Coast Guard Auxiliary (NL) Inc. would like to congratulate the following members on their 15 and 20 years of continued dedication and service:-

15 Year Members

Kirby Brown, L'anse au Loup
 Todd Curtis, Englee
 Kenneth Nash, Mt. Carmel
 William Dobbin, Admiral's Beach
 Francis Spurvey, Southeast Placentia
 Delton McGrath, Pt. Lance
 Gerard Wilson, Dunville
 Wanda Webster, Clarenville
 William Barnes, Old Perlican
 Beulah Petten, Bareneed
 Aubrey Mercer, Upper Island Cove
 Paul Pike, Eastport
 Darren Cuff, Musgrave Hr.
 Gary Hann, Wesleyville
 Samuel Greenham, La Scie

Reuben Curtis, Englee
 Ross Randell, Roddickton
 Michael Dobbin, Admiral's Beach
 Patrick Barry, St. Brides
 Calvin Kerrivan, Placentia
 Scott Spurvey, Dunville
 James Chidley, Renewes
 Corey Jones, Trinity East
 Edwin Power, Lower Island Cove
 Patrick Lewis, Conception Hr.
 Chad Payne, Old Perlican
 Larry Parsons, Lumsden
 Owen Cuff, Musgrave Hr.
 Garner King, Wesleyville
 Brad Watkins, Cottlesville

20 Year Members

Trevor Larkham, William's Hr.
 Chester Davis, L'anse au Loup
 Ralph Turnbull Jr., Charlottetown
 Michael Brown, Englee
 John Dunne, Corner Brook
 Reuben Rose, Hr. Breton
 Sid Stoodley, Hr. Breton
 William Andrews, Grand Bank
 Helen Norman, Southern Hr.
 Edmund Porter, Clarke's Beach
 Marion Porter, Clarke's Beach
 Leslie Hann, Badger's Quay
 Wade Collins, Seldom
 Randy Penney, Seldom
 Augustine Foley, Tilting Hr.
 Francis Loder, Too Good Arm
 Douglas Wells, Jackson's Arm
 Ronald Manuel, Botwood



Trivia Tidbits

Jam—If you dream of eating jam you will suffer embarrassment at the hands of a woman, through no fault of your own.

Keys—To dream of keys denotes unexpected change. If the keys are lost, unpleasant adventures will affect you. To find the keys means domestic peace and success in business.

Mice—Dreaming of mice foretells domestic troubles, or that business affairs will assume a discouraging tone.



CCGA BOARD OF DIRECTORS 2014 / 2015

Each year, as active members of the Canadian Coast Guard Auxiliary (Newfoundland and Labrador), you are asked to vote for a Director to represent your District. The following people were elected by you for 2015 / 2016:-

District 1—Marcel O'Brien, 927-5540

District 2—Ronald Pittman, 866-2505

District 3—Howard Noel, 453-2458

District 4—Wesley Snook, 885-2422

District 5—Winston Pitcher, 891-1150

District 6—Edward Bruce, 221-3361

District 7—James Chidley, 363-7502

District 8—Ross Petten, 786-6402

District 9—Aidan Penton, 682-2162

District 10—Eugene Gray, 675-2080

REMINDER

Send in Your:

- ⇒ Renewal Form
- ⇒ Voting Form
- ⇒ Incident Report Form



Renewals are forwarded each year in January and are due back by the end of March.

Voting usually occurs in July / August and is conducted by mail-in ballot. Members will not be sent out a second voting form if the first one is misplaced.

Incident Report Forms are due upon the conclusion of a search and rescue tasking.

Water pups are caused by the chafing of the cuffs from rubber on oil jackets, plus constant exposure to salt water. One remedy is to wrap copper chains, pieces of brass, and strands of worsted wool around the wrist over the sores. This helps to relieve discomfort. (Wrap the worsted 13 times around the wrist, or as many times as there are water pups.)

AGE EXCLUSIONS

The current CCGA Insurance Policy includes two age exclusions. The first exclusion affects CCGA members aged 65 years or older. Under the insurance policy, CCGA members 65 years or older are not covered if they suffer a Heart or Circulatory Malfunction during any authorized CCGA activity. Basically what this means is that if a Canadian Coast Guard Auxiliary member is 65 years of age or older, there is no Heart or Circulatory Malfunction coverage for them.

The second exclusion is that CCGA members aged 70 years or older are not covered by the Permanent Total Disability Benefit if they should become permanently and totally disabled during any authorized CCGA activity.

It is important to note that these two age exclusions are only for these two benefits and that all members, regardless of age, are insured by the other CCGA insurance coverage's.

In light of these exclusions, it is recommended that all CCGA members 65 or older consider whether they wish to continue participating in authorized search and rescue operations or other CCGA activities. As well, it is recommended that these members consult with their doctors to ensure that they are medically fit to participate in search and rescue operations and other CCGA activities.



Greetings from the Immediate Past-President

A famous quote says:

***“We make a living by what we get
But, we make a life by what we give”.***

My life has been greatly enriched by my association with the CCGA, both regionally and nationally. This has afforded me much travel and as a result I have forged many life-long friendships.

I joined the Auxiliary in July, 1986 and was voted as director for my district in September of the same year. In 1988 I was elected as President; which position I held until September, 2015. During this time I also served on National Council in several positions.

To the members in my District, thank you for the confidence you placed in me by voting me as your Director for the past 30 years. My focus over the years has always been “The man in the water”. Thank you for putting your resources, and your lives, at risk 24/7 to help your fellow man in peril.

To my fellow board members, I appreciate the respect you showed me in re-electing me as President for 25 years. Your willingness to serve, your passion, experience, loyalty, and leadership in your Regions were tools that equipped me to serve and lead our organization. You have individually and collectively impacted my life.



Debbie Penton presents Agnes Pitcher with a bouquet of flowers for her support to Winston during his 25+ tenure as President.

To the CCG staff—thank you for your support. Your dedication to our cause is always evident in our training exercises.

To the CCGA employees—thank you for your professionalism and unwavering support over the years.

As Immediate Past-President, I look forward to working with the Executive and Board in helping to move our organization forward.

Yours in volunteering,

Winston



Aidan Penton presents Winston Pitcher with a print in appreciation of Winston’s 25+ years as President CCGA (NL) Inc.

Our volunteer

You hold the hand of many,
listen to the words of all.
You become more than company,
and are there at the slightest call.
Bringing joy, laughter, warmth and song,
leaving with what you knew all along.
That shared peace with a willing heart
can be found in all of us
when we each do our part.



BEACON REGISTRY

The Canadian Beacon Registry is an integral part of CO-SPAS-SARSAT, the search and rescue satellite system designed to provide distress alert and location data to search and rescue authorities.

When a 406 MHz emergency beacon signal is received, search and rescue authorities at CMCC can retrieve information from a registration database. This includes beacon owner contact information, emergency contact information, and vessel/aircraft identifying characteristics and equipment. Having this information allows search and rescue services to respond appropriately.

It is mandatory for all 406 MHz ELT's (Canadian Aviation Regulations 605.38) and EPIRB's (Ship Station (Radio) Technical Regulations, 1999) to be registered with the Canadian Beacon Registry. Ensuring that your 406 MHz PLB, ELT, or EPIRB is registered, as well as updating the information regularly, will facilitate the task for search and rescue personnel in the event of a distress situation.

If you have a registered emergency beacon, ***it is important that the information be accurate.*** You can add or update your emergency beacon information online, by faxing or e-mailing a completed registration form, or by speaking to a representative. ***Registering your beacon helps to eliminate false alarms, which divert search and rescue resources away from genuine emergencies.***

Once an expired EPIRB has been replaced, the old EPIRB has to be unregistered and the new one registered. The expired EPIRB should be returned to the place of purchase for proper disposal. If this is not possible, the battery must be removed and the circuit board destroyed.

All Vessel Modifications

You have the responsibility to ensure that equipment and structural modifications do not compromise the freeboard and stability of your vessel, or reduce the suitability of your vessel for the working and environmental conditions it may encounter.

Any modifications must be in compliance with safety standards and the Construction Standards for Small Vessels—TP1332.

Before making alterations to your vessel that may have an impact on vessel tonnage/safety, you should contact your local Transport Canada office. A safety inspector will help you determine whether the proposed modifications are consistent with the construction, equipment, and safety regulations for your vessel's intended area of service.

A Transport Canada inspector will review the suitability of your vessel for the proposed changes. Any changes in the area or type of operation that results in a change in voyage classification will necessitate a re-inspection.

(Taken from TC's Small Commercial Vessel Safety Guide, TP-14070)

First Aid Training

The Marine Personnel Regulations require that, at least one person be designated to provide first aid on board each fishing vessel. This person must hold, at least, a valid Marine Basic First Aid training certificate or a valid first aid certificate from a two-day first aid course recognized by a province or a territory.



Glen Saunders, CCG Atlantic Region, giving an overview of first aid techniques at the training seminar held in Clarenville, September, 2015.





Pictured above Rosalind Rumbolt from Mary's Harbour, Labrador takes part in the line throwing portion of the training seminar held in 2015 in Clarenville.



Aidan Penton, President CCGA (NL) Inc. chats with Brian Bishop, President CASARA (Civil Air Search and Rescue Association) during the training seminar held in Clarenville in September, 2015.



Pictured above Jim Chidley from Renew's takes part in the marine evacuation portion of the training seminar held in Clarenville, 2015.



Pictured above, E. Wade Spurrell, Asistant Commissioner, CCG Atlantic Region; Harry Strong, District 7; and, Harry Blackmore, President NLSARA (NL Ground Search and Rescue Association)

The photo's above are courtesy of Annie Boudreau who attended, along with Jay Flesher, from Ottawa to take part in our functions. Many thanks to both for their continued support of our organization.



Canadian Coast Guard Auxiliary Guideline - SAR Volunteer Tax Credit

Search and Rescue Volunteers who perform in excess of 200 'Eligible Hours' in a calendar year are now able to claim a \$3,000 non refundable tax credit on their personal tax return at 15% credit rate such that they would receive \$450 in tax savings.

This credit is available for the 2014 tax year and beyond.

This credit is non refundable and as such, members need to have taxable income and tax payable in the year to benefit from this credit.

Eligible hours include:

- ⇒ Responding to, and being on call for, search and rescue and related emergency calls;
- ⇒ Attending meetings held by the organization; and,
- ⇒ Participating in required training related to search and rescue services.

Canadian Coast Guard Auxiliary volunteers are entitled to claim this tax credit. All you have to do is send in to the office the number of days you were at sea for the tax year. This can be obtained from your fishing log. We do not require copies of the log itself, just the number of days you were at sea.

Once we receive this information we will forward you a confirmation letter which confirms that you are an active member of the Coast Guard Auxiliary and have volunteered 'x' number of hours. You can then, in turn, claim the \$3,000.00 towards your non-refundable tax credits. It will reduce your taxes payable and could equate to about a \$450.00 return.

Days and hours at sea qualifies our volunteer members to claim the tax credit as their contact information is listed at the Joint Rescue Coordination Centre in Halifax and members are deemed to be available for Search and Rescue when on the water.

If further information is required please call the office at the following numbers:-

Direct Line—(709) 772-4428

Toll Free Line—1-800-563-6158

Email—debbie.noseworthy@ccga-nl.ca

REMINDER



CCGA (NL) Toll Free
1-800-563-6158



CCGA (NL) Fax
(709) 772-4109/4439



JRCC Halifax
1-800-563-2444



THE NEWSLETTER

If you have any news items, stories and/or photographs that you would like published in the newsletter, please send them to:

Editor
Auxiliary Newsletter
c/o CCGA (NL) Inc.
P.O. Box 938, Station "C"
St. John's, NL
A1C 5M3

Or email at

debbie.noseworthy@ccga-nl.ca



“SAR” minology

(as written by Neil Peet, CCG)

In order for a maritime search and rescue effort to be successful, two critical factors must be considered:

- 1) The CCGA vessel must be looking in the right area; and,
- 2) Searchers onboard the CCGA vessel must be capable of detecting the object that they are searching for.

In considering these two factors, maritime search planning is key. The Joint Rescue Coordination Center (JRCC) must determine a datum for an appropriate commence search time, calculate a search area surrounding the datum(s) considering the probable drift of the search object and navigation errors of the searching vessel; determine the coverage of the area, using appropriate search patterns and track spacing in order to achieve an acceptable probability of detection of the search object; and, allocate sub-areas to searching vessels in a manner that will maximize their effort during the search.

Once the search plan has been developed, the JRCC must then pass this information to the CCGA vessel. This may be as simple as a telephone call asking you to proceed to a geographical location to take a disabled vessel in tow to a safe haven, or it may be part of an elaborate plan involving a number of vessels and aircraft covering a large search area. Either way, CCGA volunteers must understand basic search and rescue terminology or “SAR”minology to understand the search plan.

How is your knowledge of “SAR”minology?

- Search Area Definition
- Datum
- Commence Search Point (CSP)
- Search Pattern
- Track Spacing
- Leg Lengths
- Initial Track
- Direction of Creep
- Endurance Required

Would you like some information on “SAR”minology? Refer to Chapter 11: Search Operations of the “SAR Seamanship Reference Manual” located at the following Canadian Coast Guard Website:

<http://www.dfo-mpo.gc.ca/Library/253768.pdf>

Or, contact the CCGA Regional Office in St. John’s. The Canadian Coast Guard Auxiliary Operations / Training Officer and the Canadian Coast Guard Search and Rescue Preparedness Section are here to assist you. It is their job to ensure that you have the necessary skills and knowledge to be effective as:

“Volunteers Saving Lives on the Water”



IN THE DRINK

(as written by Glen Saunders, CCG)

Due to the harsh, and often dangerous, environments professional fish harvesters are exposed to—there must be an understanding of the effects of these environments.

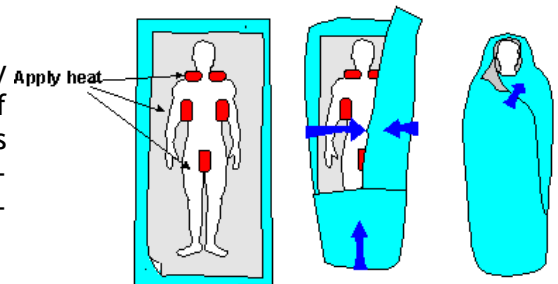
Accidents happen!! And, even the most seasoned sailors sometimes find themselves unexpectedly falling overboard. It is understanding, and being prepared for what's going to happen when we enter the water, that is most important. Cold shock response and cold water incapacitation are among the most immediate affects. These occur well before hypothermia starts.

Cold Shock Response lasts about a minute or so after entering the water and will take over your breathing—resulting in an automatic gasp reflex in response to rapid skin cooling. If your head goes underwater, water may be breathed into the lungs during the gasp. This could result in a rapid drowning situation. It is important to be prepared for that cold shock as you enter the water in order to prevent this gasp reflex. Another component of the cold shock response is hyperventilation. Like the gasp reflex, this is a natural reaction to the cold. Although this response will subside, panic can cause a continuation of the hyperventilation which can lead to fainting. So—the key is to concentrate on controlling your breathing for the first minute after entering the water.

Cold water incapacitation occurs within 5 - 15 minutes when in cold water. The body will start to reduce blood flow to the extremities (arms and legs) in an effort to preserve heat to the core, thereby protecting the vital organs but allowing your extremities to cool. Unfortunately, muscle and nerve fibres don't work well when cold. Within this critical time frame you will lose the use of your hands and feet, and then your arms and legs. So life-saving/survival activities will become more difficult and then impossible. The sooner your crew can get you out of the water the better chance you have for survival.

After someone has been recovered from the water, don't have these individuals up and walking around. Keep them at rest and start the re-warming process. Replace wet clothing with dry if possible and place warm objects (bottles of water heated in the microwave for example) around the head and neck, armpits, and the groin area. Body to body re-warming is also an option.

Keep monitoring the condition of the crewmember and pay particular attention to their shivering, breathing, and level of consciousness during the re-warming process. If shivering is violent and uncontrollable, and changes occur in their breathing or level of consciousness, medical assistance will be needed and a call to the nearest CCG radio station is warranted.



Stay safe and have a great season.

Folk Remedies & Superstitions

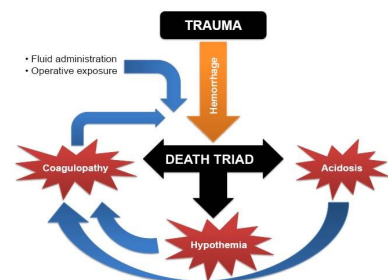
Sore Throat—Take a dirty sock and wrap it around your neck.

Milk—It is bad luck to let milk boil over.

Salt—Put salt on the doorstep of a new house and no evil can enter.

Swan—A swan's feather sewed into the husband's pillow will ensure fidelity.

Good Friday—Cut your hair on Good Friday to prevent headaches to come.





Hi kids!

It's time for the CCGA (NL) Annual Colouring Contest. The contest is open to the children and grandchildren of Auxiliary members.

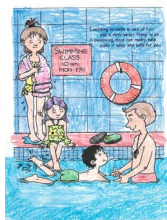
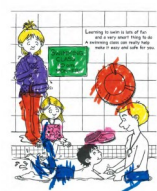
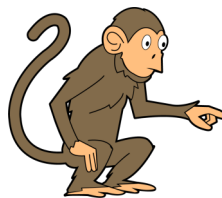
1st, 2nd and 3rd prizes will be awarded in each of the following age groups:

Up to 4 years 5-6 years 7-8 years 9 and over

All entries must be received at the CCGA (NL) office in St. John's no later than Friday, July 22, 2016.

Please send your entry to:

Colouring Contest
c/o CCGA (NL) Inc.
P.O. Box 938, Station "C"
St. John's, NL A1C 5M3



Ages up to 4

1st—Lucas Whyte
2nd—Immanuel Rideout
3rd—Mia Rumbolt



Ages 5-6

1st—Lincoln Bungay
2nd—Ciara Harnett
3rd—Monique Dominie

Ages 7-8

1st—Jaycee Lewis
2nd—Ji-eun Newhook
3rd—Joey Bath



Ages 9 and over

1st—Josh Reeves-Randell
2nd—Erika Walsh
3rd—Sara Thomas

